



The Study of the Bhagawad Gita

in the Light of Sri Aurobindo

Facilitator: Sampada Savardekar, PhD | Format: Self-directed, Self-reflective | Code: BGSA
Weeks 20 to 26 | Certificate in Applied Integral Studies (Postgraduate level) (optional)

Course Brief: The course takes up the key concepts from the Bhagawad Gita and connects these to our individual and collective life. It highlights truths valid and relevant for all ages.

Course Overview:

Units	Week
1. Introduction: the need of studying the Gita	1-2
2. Arjuna's Crisis	3-4
3. Karma and the Concept of Yajna	5-6
4. Avataarhood and Vibhuti yoga	7-8
5. Vishwarupadarshanam (The Gita's treatment of evil)	9-10
Minor Project *	11-12
6. Bhakti and Shraddha	13-14
7. Gunas and Beyond	15-16
8. Swabhava and Swadharma	17-18
9. Purushottama and Para-prakriti	19-20
10. Conclusion	21-22
Major Project *	23-26

* Recommended

SAMPADA SAVARDEKAR, PhD, is a teacher of the Bhagawad Gita, Sanskrit and Indian Culture. Her special area of research is Sanskrit Linguistics. She has worked at IIT-Mumbai in the wider field of Computer Linguistics. She is also a published writer.

Sampada completed MA in Sanskrit from Pondicherry University (2005). Her PhD in Psychology focused on "The Secret of Action in the Bhagawad Gita – A Critical Study" from Pondicherry University. Her special interest is in extracting the essence of the ancient spiritual texts of India, as well as references found in Kavya and moulding the teaching to benefit the youth of today, through education and practical guidance.

An accomplished Indian classical dance performer, Sampada has given recitals in several countries including the USA, Mauritius, France, La Reunion and India. She is currently based in Paris (France).